# **Olive Leaf Extract**

## A Secret Weapon for Health

The olive tree has long been attributed by many cultures to be a remarkable plant with a wide variety of healing capabilities. The tree has been studied for centuries, and over the years many health-promoting benefits have been attributed to it. Chances are you are most familiar with olives as a food product, however this is just one use of many. Olive oil, buds, leaves, and roots all possess medicinal properties, with olive leaf extract being of exceptional interest. Hidden in the leaves of the olive tree, powerful healing nutrients reside.

#### What makes olive leaf extract so powerful?

*Oleuropein* is the substance in olive leaf extract that is responsible for many of its beneficial activities and which exhibits the greatest range of medicinal properties. Designs for Health's Olive Leaf Extract is standardized to contain 20% oleuropien, which means that each capsule is guaranteed to have a significant amount of this constituent to ensure its effectiveness.

Olive leaves are also rich in antioxidants and have more potent antioxidant activity than green tea. The leaves contain an antioxidant comparable to vitamin E, along with flavonoids such as rutin and flavonol that also possess powerful antioxidant properties.

### **Recommended Use:**

Take one capsule daily or as directed by your health care practitioner. For healthy individuals looking to maximize the benefits from olive leaf extract, two capsules can be taken daily. The supplement should be taken between meals for best results.

#### **Functions:**

- Supports our natural defense against overgrowth of unfriendly organisms
- Promotes healthy intestinal and respiratory function
- Potent antioxidant properties from flavonoids inhibit oxidation that occurs naturally to LDL cholesterol
- Maintains healthy blood glucose levels
- Supports immune system function
- Maintains healthy blood pressure
- Promotes normal blood flow by maintaining healthy levels of platelet aggregation
- Supports healthy blood lipid levels



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (800) 847-8302, OR VISIT US ON THE WEB AT WWW.DESIGNSFORHEALTH.COM.